

## **PARKLAND AREA SOCCER CLUB**

### **High School Boys Transition Soccer Academy**

**WHEN:** Monday's & Wednesday's (June 12 – August 2)  
(June 12, 14 – 19, 21 – 26, 28 - ) (July 17, 19 – 24, 26, 31) (Aug – 2)

**WHERE:** Wehr's Dam – Community field – 6:30 pm – 8:00 pm

**WHO:**

Open to any player who is preparing to tryout High School Soccer (PASC and non-PASC players welcome)

**FEE:**

\$80 – (includes Adidas Clima-Cool Shirt) – Training will be limited to (50) training spots  
Spots do go fast!

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**BACKGROUND/PURPOSE:**

The **PASC High School Transition Soccer Academy** is for HS age players looking for advanced technical, tactical and fitness workouts to best prepare them for upcoming High School tryouts. This is a weekly, intensive soccer development program specifically focused on transitioning players from club soccer to High School level soccer. Players will be trained by Lead Trainers with support of PASC licensed coaches to maintain low coach to player ratio's during training.

**TRAINING CURRICULUM:**

- ✓ (2) 1.5hr sessions per week.
- ✓ (6) Weeks – (12) total sessions.
- ✓ Sessions will provide advanced Technical, Tactical and Intensive Fitness training.
- ✓ Academy style training – Led by Matt Baker with support of PTS Staff Coaches and PASC licensed coaches as well as HS Varsity players (Mentor Coaches) to provide low player to coach training ratios.
- ✓ Large and small play to incorporate HS level technical and tactical philosophies.

**LEAD TRAINERS:**

- ✓ Perfect Touch Soccer – Matt Baker

