

5th Annual **PASC** High School Boys Transition Soccer Academy

WHEN: Monday's & Wednesday's (June 13 – August 3) (6:30 pm – 8:00 pm)

WHERE: Wehr's Dam – Community field

WHO: Open to any player who is preparing to tryout High School Soccer (PASC and non-PASC players welcome)

FEE: \$80 – (includes Adidas Clima-Cool Shirt) – Training will be limited to (50) training spots – Spots do go fast!

BACKGROUND/PURPOSE:

The **PASC** High School Transition Soccer Academy is for HS age players looking for advanced technical, tactical and fitness workouts to best prepare them for upcoming High School tryouts. This is a weekly, intensive soccer development program specifically focused on transitioning players from club soccer to High School level soccer. Players will be trained by Lead Trainers with support of PASC licensed coaches to maintain low coach to player ratio's during training.

TRAINING CURRICULUM:

- ✓ (2) 1.5hr sessions per week.
- ✓ (6) Weeks – (12) total sessions.
- ✓ Sessions will provide advanced Technical, Tactical and Intensive Fitness training.
- ✓ Academy style training – Led by licensed (paid trainer) with support of PASC licensed coaches and HS Varsity players (Mentor Coaches) to provide low player to coach training ratios.
- ✓ Large and small play to incorporate HS level technical and tactical philosophies.

LEAD TRAINERS:

- ✓ Local High School coaches
- ✓ NSCAA Licensed
- ✓ USFF Licensed

Note: Lead trainers will be supported by **PASC** licensed coaches and High School Varsity "mentor coaches".

